

Ranked by square footage of meeting rooms.
Listed alphabetically in event of tie.

	Name, address, phone number Area code: 203 (unless otherwise noted) Website	Year hotel established	Number of meeting rooms Total square footage of meeting areas	Number of guest rooms Guest suites	Number of restaurants	Amenities and guest services
1	Hilton Stamford Hotel & Executive Meeting Center 1 First Stamford Place, Stamford 06902 967-2222 • hiltonstamfordhotel.com	1984	30 45,000	484 10	1	Swimming pool and heated whirlpool, high-speed Internet access, audiovisual capabilities, climate-controlled tent/pavilion for outdoor events, Senses Restaurant & Lounge, fitness facility by Precor, business center, local shuttle service, tennis courts, valet parking
2	Matrix Conference and Banquet Center 39 Old Ridgebury Road, Danbury 06810 312-1555 • matrixconferenceandbanquetcenter.com	2009	23 and 2 ballrooms 37,429	None	1	Grand ballroom with two fireplaces, two fountains, and skylight seats for 1,000 people; Matrix Ballroom with skylight and accomadations for 500; 23 meeting/breakout rooms most of which have lcd/screen state-of-the-art audio/visual
3	The Heritage Hotel 522 Heritage Road, Southbury 06488 (800) 932-3466 • heritagesouthbury.com	1971	25 25,000	163 5	2	Health club, indoor and outdoor pools, golf, tennis, spa, game room, business center, conference center
	Stamford Marriott Hotel & Spa 243 Tresser Blvd., Stamford 06901 977-1217 • stamfordmarriott.com	1978	26 25,000	508 6	2	Full-service hotel featuring a newly renovated lobby, restaurant, health club and indoor/outdoor pool, located across the street from the Stamford Town Center with more than 110 stores and restaurants,
4	Crowne Plaza Danbury Hotel 18 Old Ridgebury Road, Danbury 06810 794-0600 • crowneplazadanbury.com	1979	19 23,000	242 2	2	Fusion Café, JAYS (a contemporary restaurant and lounge), newly renovated guest rooms featuring exclusive Sleep Advantage Program, 37" flat-screen televisions and iPod docking stations
5	Omni New Haven Hotel at Yale 155 Temple St., New Haven 06510 772-6664 • omninewhaven.com	1998	22 22,000	306 7	1	Concierge service, state-of-the-art fitness center, same-day dry cleaning, 24-hour business center and in-room dining, complimentary turndown services upon request, full-service JoBella Salon & Spa, Wi-Fi, fitness center
6	Sheraton Stamford 700 E. Main St., Stamford 06901 358-8400 • sheratonstamford.com	1983	16 20,000	379 3	1	379 updated guestrooms featuring Sheraton Sweet Sleeper bedding, Link@Sheraton business center with Link Café, newly expanded Sheraton fitness center programmed by Core Performance, complimentary local office shuttles, private on-site covered parking
7	Amber Room Colonnade 1 Stacey Road, Junction Route 37, Danbury 06811 748-3800 • theamberroom.net	1979	4 13,000	0 2	0	Full-service corporate conference and meeting center, event production and audiovisual support available, business lunch and corporate meetings, conferences, holiday parties
8	Water's Edge Resort and Spa 1525 Boston Post Road, Westbrook 06498 (860) 399-5901 • watersedgeresortandspa.com	1985	10 12,000	168 14	3	Full-service spa, valet parking, indoor and outdoor pools, jacuzzi, fitness center, tennis courts, private beach, room service, coffee shop, gift shop
9	Ethan Allen Hotel 21 Lake Avenue Extension, Danbury 06811 (800) 742-1776 • ethanallenhotel.com	1974	15 10,000	193 6	2	Conveniently located at exit 4 off I-84, rooms feature Ethan Allen bedding and décor, Keurig coffee maker in all guestrooms, free Wi-Fi access, business center, complimentary USA Today delivered Monday through Friday, daily dry cleaning service and 24-hour in-house guest laundry and gift shop, Fairfield's Restaurant and Lounge, room service daily until 10 p.m.
10	Courtyard by Marriott Stamford Downtown 275 Summer St., Stamford 06901 358-8822 • marriott.com/stfy	2005	2 9,000	115 10	1	Convenient location in downtown Stamford, surrounded by more than 70 restaurants and lounges; small boutique hotel with classical ambiance
11	Holiday Inn Bridgeport Trumbull Fairfield 1070 Main St., Bridgeport 06604 334-1234 • hibridgeport.com	1987	8 7,483	209 5	1	Full-service restaurant and lounge, complimentary Wi-Fi and hard-wired Internet in all guest rooms, 24-hour laundry machines, indoor/outdoor heated swimming pool, 24-hour fitness and business centers
12	Courtyard by Marriott 780 Bridgeport Ave., Shelton 06484 929-1500 • sheltoncourtyard.com	1987	9 6,200	161 12	1	Conveniently located off Route 8 and within proximity to Interstate 95
13	Interlaken Inn 74 Interlaken Road, Lakeville 06039 (800) 222-2909 • interlakeninn.com	1892	6 5,500	86 8	1	Full-service conference staff, dedicated meeting space, on-site team-building programs, all audiovideo equipment included in meeting package, free high-speed Wi-Fi, complete meeting package available with accommodations for 5 to 125 people
14	Nathan Hale Inn 855 Bolton Road, Storrs 06269 (860) 427-7888 • nathanhaleinn.com	2003	5 5,400	98 NA	2	Full-service hotel, pool, hot tub and workout facility, home to The Blue Oak Restaurant and True Blue Tavern
15	Avon Old Farms Hotel 279 Avon Mountain Road, Avon 06001 (860) 677-1651 • avonoldfarmshotel.com	1955	6 5,000	157 2	1	Complimentary Wi-Fi in guest rooms and meeting space, continental breakfast and on-site parking; fitness center and sauna, outdoor pool and snack bar, hotel bar
	Maron Hotel and Suites 42 Lake Avenue Extension, Danbury 06811 791-2200 • maronhotel.com	1998	5 5,000	87 64	1	Full-service hotel located across from Western Connecticut State University, Ives Concert Park, O'Neill Center, Candlewood Lake and Ridgefield Playhouse; VIVO! Bar & Grill located on-site for all restaurant and catering needs, provided by executive chef Larry Baccoli, indoor parking, complimentary Wi-Fi, continental breakfast, USA Today, fitness center, business center
16	Holiday Inn Danbury 80 Newton Road, Danbury 06810 792-4000 • danbury-hi.com	1973	5 2,880	114 11	1	Complimentary Wi-Fi, business center, fitness center, outdoor pool, on-site guest laundry, evening room service, restaurant, bar and lounge
17	Delamar Greenwich Harbor 500 Steamboat Road, Greenwich 06830 661-9800 • thedelamar.com	2002	3 2,400	82 8	1	Waterfront meeting rooms with private terraces, Elemis spa, complimentary continental breakfast, complimentary shuttle within a three-mile radius, complimentary weekend harbor cruises, 500-foot private dock space
18	Hilton Garden Inn Norwalk 560 Main Ave., Norwalk 06851 523-4000 • norwalkhilton.com	2001	4 1,500	170 0	1	Wired and wireless Internet, secure printing to business center, 24-hour gym, indoor pool and whirlpool, Great American Grill & Bar serving breakfast, dinner and room service seven days a week, refrigerator and 32-inch TV in room, meeting space to accommodate up to 120 attendees, complimentary shuttle service to area restaurants
	Hyatt House 830 Bridgeport Ave., Shelton 06484 225-0700 • hyatthouseshelton.com	2010	2 1,500	94 33	WND	Spacious suites and guestrooms featuring full kitchens, indoor pool and whirlpool, complimentary breakfast with made-to-order omelets
19	Homewood Suites by Hilton Stratford 6905 Main St., Stratford 06614 377-3322 • stratford.homewoodsuites.com	2002	2 1,375	135 (all suites)	WND	Complimentary Suite Start breakfast seven days a week, complimentary Welcome Home reception Monday through Thursday, indoor pool and whirlpool, 24-hour fitness center, HDTV, flat-screen TVs, complimentary business center and Wi-Fi
20	Four Points by Sheraton 426 Main Ave., Norwalk 06851 849-9828 • fourpoints.com/norwalk	1988	2 1,008	127 6	1	Complimentary wireless Internet and bottled water, exercise facility, full-service restaurant and lounge, room service, executive level
21	Hampton Inn Shelton - Trumbull 695 Bridgeport Ave., Shelton 06484 925-5900 • hamptoninnshelton.com	2007	1 500	125	0	Free wired and wireless Internet access, on-the-house hot breakfast, heated indoor pool and two-story water slide and 24-hour fitness center,

Questions or comments, call (914) 694-3600, ext. 3005.

NA Not available.

WND Would not disclose.