

Listed alphabetically.

Name, address, telephone number Area code: 203 (unless otherwise noted) Website	Owner/Manager Email address Year facility established	Approximate square footage of gym	Average monthly cost of membership \$	Sign up or initiation fee?		Open to			Number of other locations in county	Amenities and programs offered													
				yes	no	men	women	both		corporate discounts	group exercise classes	on-site child care	on-site parking	on-site café	locker rooms	personal trainers	tennis courts	swimming pool	racquetball courts	tanning beds	massages	nutrition/weight-loss program	
<b>Club NewFit</b> 23 Commerce Road, Newtown 06470 426-8591 • newfit.com	Penny Tavar penny@newfit.com 2007	30,000	45	✓					0														
<b>The Edge Fitness Clubs</b> 1333 E. Putnam Ave., Greenwich 06870 500 Kings Highway Cutoff, Fairfield 06825 637-3906 • 255-2582 • theedgefitnessclubs.com	Joe Moretti Owner 1987	40,000 Fairfield NA Greenwich	29.99 Greenwich location 19.99 Other locations	✓					5	group/family													
<b>Equinox</b> 72 Heights Road, Darien 06820 16 Old Track Road, Greenwich 06830 655-2300 • 863-0070 • equinox.com	Michael Buonocore General manager, Greenwich Michael Farewell General manager, Darien 1991	30,000 Darien NA Greenwich	164.84 Single club, Greenwich 149.95 Single club, Darien 194.62 All access fitness	✓					0														
<b>Fitness Works</b> 275 Post Road East, Westport 06880 216-0033 • fitnessworks.us	Jo Rasmussen Owner fitnessworks93@yahoo.com 1993	NA	80		✓				0														
<b>Get In Shape For Women</b> 85 Mill Plain Road, Fairfield 06824 873-0723 • getinshapeforwomen.com	Juliet and Peter Harker julietharker@getinshapeforwomen.com 2009	NA	Call or check website for information						4														
<b>Get In Shape For Women</b> 146 Mason St., Greenwich 06830 992-1405 • getinshapeforwomen.com	Brian Fletcher, Gunnar Glueck and Rocco DiPietro brianfletcher@getinshapeforwomen.com 2011	NA	Call or check website for information						4														
<b>LA Fitness</b> 52 Sixth St., Stamford 353-8810 • lafitness.com	NA 1984	NA	Rates vary; call for information						2														
<b>New York Sports Clubs</b> 6 Liberty Way, Greenwich 869-1253 • mynewyorksportsclubs.com	Patricia Jeffries General manager patricia.jeffries@town-sports.com 1974	NA	89.95 Network membership 69.95 Single club, Greenwich	✓					3														
<b>Norwalk YMCA</b> 370 West Ave., Norwalk 06870 866-4425 • norwalkymca.org	Mike Case CEO mcase@norwalkymca.org 1928	30,000	39 (Adult)	✓					0														
<b>Peak Physique Inc.</b> 50 Holly Hill Lane, Greenwich 625-9595 • peakphysique.biz	Dominic Novak and Dana DeRespino-Novak Owners 1993	10,000	Call for information						0														
<b>Prime Time Fitness</b> 100 Route 37, New Fairfield 06812 312-0399 • primetimefitnessnf.com	Patrick Toth 2005	NA	Call or check website for information		✓				0														
<b>Solaris Racquet Club</b> 23 Radio Place, Stamford 06906 359-0601 • solarisclubs.com	John DeFilippo Director of tennis john@solarisclubs.com 1972	40,000	NA		✓				0														
<b>Sportsplex</b> 49 Brownhouse Road, Stamford 06902 358-0066 • sportsplex-ct.com	Tom Pear info@sportsplexbethel.com 1980	NA	Call or check website for information	✓					0														
<b>Stamford Athletic Club</b> 75 Third St., Stamford 06905 357-7555 • sacnews.com	Glenn Colarossi Managing director donna@stamfordathletic.com 1993	35,000	WND		✓				1														
<b>United Athletic Centers</b> 1330 Honeyspot Road Extension, Stratford 06615 386-0449 • unitedathleticcenters.com	Mark Christo mark@unitedathleticcenters.com 2009	45,000	15.99		✓				2														
<b>YMCA of Greenwich</b> 50 E. Putnam Ave., Greenwich 06830 869-1630 • greenwichymca.org	Ed Phillipp President and CEO 1916	NA	WND	✓					WND														

Questions or comments, call (914) 694-3600, ext. 3005.

Note: Information obtained from company websites and responding companies.

NA Not available. • WND Would not disclose.